### Asst. Prof. AMAN SADO ELEMO

## **Personal Information**

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## **Education Information**

Doctorate, Anadolu University, Eğitim Bilimleri Enstitüsü, Rehberlik Ve Psikolojik Danışmanlık (Dr), Turkey 2012 - 2019 Postgraduate, Addis Ababa University, Ethiopia 2007 - 2009 Undergraduate, Bahir Dar University, Ethiopia 2001 - 2005

### Dissertations

Doctorate, The effects of solution-focused and social skills training groups on social anxiety and coping strategies of ethiopian university students, Anadolu University, Eğitim Bilimleri Enstitüsü, Rehberlik Ve Psikolojik Danışmanlık (Dr), 2019

Postgraduate, The Ethiopian General Secondary Education Science Curriculum: Does It Challenge or Burden Students?, Addis Ababa University, 2009

### Academic Titles / Tasks

Assistant Professor, Istanbul Gelisim University, FACULTY OF ECONOMICS, ADMINISTRATIVE AND SOCIAL SCIENCES, PSYCHOLOGY (ENGLISH), 2019 - Continues Instructor, Mizan Tepi University, 2006 - 2012

#### Courses

Ethics in Psychology Research and Practice, Undergraduate, 2023 - 2024 Couple, Family and Child psychology, Undergraduate, 2022 - 2023 Brain and Behavior: How the brain makes decisions, Undergraduate, 2021 - 2022 Peer Relations at School, Undergraduate, 2020 - 2021 Intercultural Psychology, Undergraduate, 2020 - 2021 Social Psychology II, Undergraduate, 2020 - 2021 Social Psychology I, Undergraduate, 2020 - 2021 Ethics in Psychology Research and Practice, Undergraduate, 2020 - 2021 History of Psychology, Undergraduate, 2020 - 2021

## **Advising Theses**

Elemo A. S., Üniversite öğrencilerinin aile aidiyeti ve algılanan helikopter anne tutumu ile internet bağımlılığı arasındaki ilişkinin incelenmesi, Postgraduate, V.ARDA(Student), 2024

Elemo A. S., Beliren yetişkinlik dönemindeki bireylerin sigara bağımlılıkları ile psikolojik iyi oluşları ve stresle başa çıkma biçimleri arasındaki ilişkinin incelenmesi, Postgraduate, S.YILMAZ(Student), 2024

Elemo A. S., Aile içi iletişimin duygusal öz farkındalık ve bilişsel esneklik ile ilişkisi, Postgraduate, B.AYLİN(Student), 2023

## Published journal articles indexed by SCI, SSCI, and AHCI

I. Linking perceived job insecurity and work passion: The mediating role of mindful self-care in academic staff

Elemo A. S., Ahmed A. H., Kara E.

Psychology in the Schools, vol.61, no.8, pp.3284-3297, 2024 (SSCI)

II. The fear of COVID-19 and flourishing: the mediating role of search for meaning and presence of meaning

Elemo A. S., Kara E., Rostamzadeh M.

Current Psychology, vol.43, no.16, pp.14871-14880, 2024 (SSCI)

III. Risky behaviors in Ethiopian university students and its relationship with loneliness and coping selfefficacy

Elemo A. S., Temtime M. C.

Journal of Ethnicity in Substance Abuse, 2024 (SCI-Expanded)

- IV. Investigating the link between procrastination, Big Three perfectionism and psychological vulnerability in academic staff
  - ELEMO A. S., Dule A.

Personality and Individual Differences, vol.213, 2023 (SSCI)

V. The Fear of COVID-19 Scale: Psychometric Properties of the Ethiopian Amharic Version Elemo A. S., SATICI S. A., Griffiths M. D.

International Journal of Mental Health and Addiction, vol.21, no.2, pp.878-889, 2023 (SCI-Expanded)

VI. Childhood Emotional Neglect and Risks of Substance Misuse: Meaning and Purpose of Life as a Mediator

Kurtuluș C., ELEMO A. S.

International Journal of Mental Health and Addiction, 2023 (SCI-Expanded)

VII. Smartphone Addiction and Phubbing in International Students in Turkey: The Moderating Role of Mindfulness

Ahmed A. H., Elemo A. S., Hamed O. A. O.

Journal of College Student Development, vol.64, no.1, pp.64-78, 2023 (SSCI)

## VIII. The Fear of COVID-19 and Flourishing: Assessing the Mediating Role of Sense of Control in International Students

Elemo A. S., Ahmed A. H., Kara E., Zerkeshi M. K.

International Journal of Mental Health and Addiction, vol.20, no.4, pp.2408-2418, 2022 (SCI-Expanded)

# IX. The Liebowitz Social Anxiety Scale (LSAS): Psychometric Properties of the Amharic Version in Ethiopian University Student Sample

Elemo A. S., Türküm A. S.

International Journal of Mental Health and Addiction, vol.20, no.3, pp.1709-1721, 2022 (SCI-Expanded)

X. The effects of psychoeducational intervention on the adjustment, coping self-efficacy and psychological distress levels of international students in Turkey Elemo A. S., Türküm A. S.

International Journal of Intercultural Relations, vol.70, pp.7-18, 2019 (SSCI)

# **Articles Published in Other Journals**

I. Fear of COVID-19 and Psychological Adjustment Among International Students: Solution-Focused Thinking as a Moderator Elemo A. S.

Journal of Solution Focused Practices, vol.8, no.1, pp.1-12, 2024 (Peer-Reviewed Journal)

II. Anger rumination and subjective happiness: forgiveness and vengeance as mediators ELEMO A. S., SATICI S. A., SARIÇALI M. INTERNATIONAL JOURNAL OF HAPPINESS AND DEVELOPMENT, vol.4, 2018 (Peer-Reviewed Journal)

## **Refereed Congress / Symposium Publications in Proceedings**

I. Motivation of Volunteering and Its relationships with General Self-Efficacy in Young Adults in Ethiopia

Elemo A. S.

V. BİLSEL INTERNATIONAL EPHESUS SCIENTIFIC RESEARCH AND INNOVATION CONGRESS, İzmir, Turkey, 26 October 2024

II. UNRAVELING THE LINK BETWEEN FRUSTRATION INTOLERANCE, FUTURE ANXIETY, AND SEARCH FOR MEANING AMONG COLLEGE STUDENTS IN ETHIOPIA ELEMO A. S.

TRB2 International Congress on Educational Sciences-III, Van, Turkey, 18 - 20 October 2024

III. Linking Perceived Job Insecurity and Work Passion: The mediating role of Mindful Self- care in Academic Staffs

ELEMO A. S., Ahmed A. H., KARA E.

23. Uluslararası Psikolojik Danışma ve Rehberlik Kongresi, İstanbul, Turkey, 13 - 15 June 2022

IV. An investigation on the relationship between risks of using addictive substances, meaning and purpose of life, and childhood abuse experiences of university students KURTULUŞ C., ELEMO A. S.

The 23rd International Psychological Counseling and Guidance Congress, İstanbul, Turkey, 13 - 15 June 2022

V. Search for meaning and Presence of meaning as mediators in the link between Fear of COVID-19 and Flourishing

ELEMO A. S., KARA E., ROSTAMZADEH M.

23. Uluslararası Psikolojik Danışma ve Rehberlik Kongresi, İstanbul, Turkey, 13 - 15 June 2022

VI. Etik kodlar çerçevesinde türkiye de uzaktan psikolojik danışmanlık hizmeti veren web sitelerinin incelenmesi

RAHAT E., ELEMO A. S., CEYHAN E.

3. Uluslararası Avrasya Eğitim Araştırmaları Kongresi (EJER) 2016, 31 May - 03 June 2016

### **Scientific Refereeing**

INTERNATIONAL JOURNAL OF MENTAL HEALTH AND ADDICTION, Journal Indexed in SSCI, February 2023 PSYCHOLOGICAL REPORTS, Journal Indexed in SSCI, January 2023