

Lect. BESTE EKER

Personal Information

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Education Information

Postgraduate, Oxford Brookes University, health and science, applied sport and exercise nutrition, England 2020 - 2022

Undergraduate, Istanbul Bilim University, sağlık bilimleri, beslenme ve diyetetik, Turkey 2015 - 2019

Dissertations

Postgraduate, Milk as an alternative drink during prolonged exercise, Oxford Brookes University, health and science, applied sport and exercise nutrition, 2021

Research Areas

Health Sciences, Sport Physiology, Nutrition and Dietetics

Academic Titles / Tasks

Lecturer, Istanbul Gelisim University, FACULTY OF HEALTH SCIENCES, NUTRITION AND DIETETICS, 2023 - Continues

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