### Asst. Prof. DENİZ KAYA MERAL

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#### **International Researcher IDs**

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### **Education Information**

Doctorate, Istanbul University, Hemşirelik Fakültesi, Hemşirelik Bölümü, Turkey 2012 - 2018 Postgraduate, Halic University, Sağlık Bilimleri Fakültesi, Hemşirelik, Turkey 2010 - 2013 Undergraduate, Kocaeli University, Sağlık Bilimleri Fakültesi, Hemşirelik Bölümü, Turkey 2003 - 2007

### **Research Areas**

**Psychiatric Nursing** 

# Academic and Administrative Experience

Deputy Head of Department, Istanbul Gelisim University, FACULTY OF HEALTH SCIENCES, NURSING, 2023 - Continues

#### Courses

Ruh Sağlığı ve Hastalıkları Hemşireliği, Undergraduate, 2023 - 2024 Farmakoloji, Undergraduate, 2023 - 2024

# **Taught Courses And Trainings**

Elkin N., Kaya Meral D., PSİKODRAMA İLE BAĞIMLILIK FARKINDALIĞI, 2023 - 2023

## Published journal articles indexed by SCI, SSCI, and AHCI

I. Effect of a psychoeducation program based on cognitive-behavioral psychodrama techniques on premenstrual syndrome symptoms: a randomized controlled trial

Altan Sarikaya N., KAYA MERAL D.

Psychology, Health and Medicine, 2024 (SCI-Expanded)

### **Metrics**

Publication: 9

Citation (Scopus): 1 H-Index (Scopus): 1