## Lect. DİLARA SERARSLAN YILMAZ

#### **Personal Information**

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### **Education Information**

Doctorate, Ankara University, Sağlık Bilimleri Enstitüsü, Turkey 2021 - Continues

Postgraduate, Yeditepe University, Sağlık Bilimleri Enstitüsü, Beslenme ve Diyetetik , Turkey 2018 - 2021

Undergraduate, Yeditepe University, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik , Turkey 2013 - 2018

### Foreign Languages

English, C1 Advanced

#### **Dissertations**

Postgraduate, Investigating the impact of nutrition education given to parents on adolescent swimmers' consumption habits and nutrition knowledge, Yeditepe University, Sağlık Bilimleri Enstitüsü, Beslenme ve Diyetetik, 2021

# **Academic Titles / Tasks**

Lecturer, Istanbul Gelisim University, VOCATIONAL SCHOOL OF HEALTH SERVICES, FOOD QUALITY CONTROL AND ANALYSIS, 2021 - Continues

# Academic and Administrative Experience

Beslenme ve Diyetetik İngilizce Bölümü Çift Anadal Programı Koordinatörü, Istanbul Gelisim University, FACULTY OF HEALTH SCIENCES, NUTRITION AND DIETETICS (ENGLISH), 2023 - Continues Uluslararasılaştırma Birimi, Istanbul Gelisim University, FACULTY OF HEALTH SCIENCES, NUTRITION AND DIETETICS (ENGLISH), 2021 - Continues

#### Courses

SEMINAR, Undergraduate, 2023 - 2024

CAREER ORIENTATION, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022

SPORTS NUTRITION, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022

IMMUNE SYSTEM AND IMMUNONUTRITION, Undergraduate, 2022 - 2023

MATERNAL AND CHILD NUTRITION, Undergraduate, 2022 - 2023, 2021 - 2022

NUTRITIONAL THERAPY AND PRACTICES IN CHILDHOOD DISEASES I, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022

NUTRITIONAL THERAPY AND PRACTICES IN CHILDHOOD DISEASES II, Undergraduate, 2022 - 2023

INSTITUTIONAL FOOD SERVICES I, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022

MENU PLANNING, Undergraduate, 2023 - 2024, 2022 - 2023

INSTITUTIONAL FOOD SERVICES II, Undergraduate, 2022 - 2023, 2021 - 2022

COMMUNITY NUTRITIONAL ASSESSMENT, Undergraduate, 2023 - 2024

BASICS OF NUTRITION, Undergraduate, 2021 - 2022

ENTERAL AND PARENTERAL NUTRITION THERAPY, Undergraduate, 2022 - 2023, 2021 - 2022

ENTERAL NUTRITION, Undergraduate, 2021 - 2022

TURKISH AND WORLD CUISINE, Undergraduate, 2021 - 2022