

## Asst. Prof. HÜSNIYE MERVE DEMİRER

### Personal Information

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### International Researcher IDs

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### Education Information

Doctorate, Bahcesehir University, Lisansüstü Eğitim Enstitüsü, Fizyoterapi Ve Rehabilitasyon (Dr), Turkey 2020 - Continues

Postgraduate, Istanbul Aydın University, Sağlık Bilimleri Enstitüsü, Fizyoterapi Ve Rehabilitasyon (YI) (Tezli), Turkey 2018 - 2020

Undergraduate, Bolu Abant İzzet Baysal University, Kemal Demir Fizik Tedavi Ve Rehabilitasyon Yüksekokulu, Turkey 2010 - 2014

### Foreign Languages

English, C1 Advanced

### Dissertations

Postgraduate, Konnektif doku masajı ve miyofasyal gevşetme tekniği'nin primer dismenore üzerine akut etkilerinin karşılaştırılması, Istanbul Aydın University, Lisansüstü Eğitim Enstitüsü, Fizyoterapi ve Rehabilitasyon, 2020

### Academic Titles / Tasks

Lecturer, Istanbul Gelisim University, VOCATIONAL SCHOOL OF HEALTH SERVICES, PHYSIOTHERAPY, 2017 - Continues

### Academic and Administrative Experience

Head of Department, Istanbul Gelisim University, VOCATIONAL SCHOOL OF HEALTH SERVICES, PHYSIOTHERAPY, 2021 - 2023

Head of Department, Istanbul Gelisim University, VOCATIONAL SCHOOL OF HEALTH SERVICES, ORTHOPEDIC PROSTHETICS AND ORTHOTICS, 2017 - 2021

### Courses

Massage and Palpation Techniques, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020

Mesleki Uygulamalar II, Associate Degree, 2021 - 2022  
Masaj, Associate Degree, 2021 - 2022, 2020 - 2021, 2019 - 2020  
Mesleki Uygulamalar I, Associate Degree, 2021 - 2022  
Anatomi, Associate Degree, 2021 - 2022, 2019 - 2020, 2018 - 2019, 2017 - 2018  
Neurologic Rehabilitation, Undergraduate, 2021 - 2022, 2020 - 2021  
Neurophysiological Approaches I, Undergraduate, 2021 - 2022, 2020 - 2021, 2019 - 2020, 2018 - 2019  
Mesleki İngilizce, Associate Degree, 2020 - 2021, 2019 - 2020, 2017 - 2018  
Kardiyopulmoner Rehabilitasyon, Undergraduate, 2020 - 2021  
Fizik Tedavide Temel Ölçme ve Değerlendirme, Associate Degree, 2020 - 2021, 2018 - 2019  
Electrotherapy I, Undergraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019  
Kinezyoloji, Associate Degree, 2019 - 2020, 2018 - 2019, 2017 - 2018  
Manipulative Therapy I, Undergraduate, 2019 - 2020  
Electrotherapy II, Undergraduate, 2018 - 2019, 2017 - 2018  
Normal Motor Gelişimi, Associate Degree, 2018 - 2019  
Principles of Therapeutic Exercises, Undergraduate, 2018 - 2019, 2017 - 2018  
Mesleki Uygulamalar, Associate Degree, 2017 - 2018  
Basic Measurements and Assessment in Physiotherapy, Undergraduate, 2017 - 2018  
Manipulative Therapy II, Undergraduate, 2017 - 2018

## Articles Published in Other Journals

- I. **The Effects of Transcutaneous Auricular Vagus Nerve Stimulation in a Young Adult with Primary Dysmenorrhea: A Case Report**  
YILMAZ H. M., ALPTEKİN H. K., ERĞÜN KEŞLİ E.  
İstanbul Gelişim Üniversitesi Sağlık Bilimleri Dergisi, no.21, pp.1314-1322, 2023 (Peer-Reviewed Journal)
- II. **The Effect of Home Quarantine and Social Isolation on Physical Activity Level, and Its Effects on Anxiety and Depression in University Students in COVID-19 Pandemic: A Cross-Sectional Study**  
Karaağaç A., Yılmaz H. M.  
İstanbul Gelişim Üniversitesi Sağlık Bilimleri Dergisi, no.19 (2023), pp.262-274, 2023 (Peer-Reviewed Journal)
- III. **Comparison of the effectiveness of connective tissue massage and myofascial release technique in young adult women with primary dysmenorrhea**  
Yılmaz H. M., Biçki D., Ağar E.  
SelSistem, vol.7, 2023 (Peer-Reviewed Journal)
- IV. **Combined Mechanism of Complementary-Integrative Medicine Approaches and Autonomic Nervous System Regulation: A Traditional Review**  
ozden a. v., PERÇİN A., KARAAĞAÇ A., Atik B., YILMAZ H. M., Özkoç İ., Çelik R. E., Bilgiç T.  
Geleneksel ve Tamamlayıcı Tıp Dergisi, vol.5, no.2, pp.160-169, 2022 (Peer-Reviewed Journal)
- V. **Physiotherapy and Rehabilitation in COVID-19 Disease: A Review Article**  
YILMAZ H. M., KARAAĞAÇ A.  
İstanbul Gelişim Üniversitesi Sağlık Bilimleri Dergisi, vol.2021, no.13, pp.144-156, 2021 (Peer-Reviewed Journal)

## Refereed Congress / Symposium Publications in Proceedings

- I. **COVID-19 PANDEMİSİNDE SAĞLIK ÇALIŞANLARININ İYİ OLUŞLARININ SAĞLANMASI İÇİN YAKLAŞIMLAR**  
HİDAYET A. L., DEMİRER R., SOYDAN A. M., DEMİRER H. M.  
9. Socrates Sağlık, Mühendislik ve Uygulamalı Bilimler Kongresi, İstanbul, Turkey, 18 August 2024, pp.76-84
- II. **Konnektif Doku Masajı ve Miyofasyal Gevşetme Tekniklerinin Primer Dismenore Üzerine Akut Etkilerinin Karşılaştırılması**

KARAAĞAÇ H. M., BIÇKI D., AĞAR E.

4.Uluslararası Kadın Çocuk Sağlığı ve Eğitimi Kongresi, 12 - 13 December 2019