

Lect. MÜNEVVER BAŞAK ONAT

Personal Information

Email: mbonat@gelisim.edu.tr

Web: <https://avesis.gelisim.edu.tr/mbonat>

International Researcher IDs

ORCID: 0000-0001-7132-9995

Yoksis Researcher ID: 337781

Education Information

Undergraduate, Istanbul University, Open And Distance Education Faculty, Sosyoloji, Turkey 2022 - Continues

Undergraduate, Istanbul Gelisim University, FACULTY OF ECONOMICS, ADMINISTRATIVE AND SOCIAL SCIENCES, PSYCHOLOGY, Turkey 2022 - Continues

Doctorate, Ege University, Madde Bağımlılığı, Toksikoloji ve İlaç Bilimleri Enstitüsü, Madde Bağımlılığı, Turkey 2020 - Continues

Undergraduate, Izmir Bakircay University, Fen-Edebiyat Fakültesi, Psikoloji, Turkey 2020 - 2022

Postgraduate, Ege University, Madde Bağımlılığı, Toksikoloji ve İlaç Bilimleri Enstitüsü, Madde Bağımlılığı, Turkey 2015 - 2019

Undergraduate, Ege University, İzmir Atatürk Sağlık Yüksekokulu, Beslenme ve Diyetetik, Turkey 2010 - 2015

Foreign Languages

English, C1 Advanced

Dissertations

Postgraduate, Sigarayı bırakma sürecinde sık karşılaşılan sindirim sorunlarının, bireylerin beden kütle indekslerinin ve aşerme düzeylerinin beslenme ile ilişkisinin incelenmesi, Ege University, Madde Bağımlılığı, Toksikoloji ve İlaç Bilimleri Enstitüsü, Madde Bağımlılığı, 2019

Research Areas

Health Sciences, Nutrition and Dietetics, Clinical Psychology

Academic Titles / Tasks

Lecturer, Istanbul Gelisim University, FACULTY OF HEALTH SCIENCES, NUTRITION AND DIETETICS (ENGLISH), 2021 - Continues

Courses

NUTRITIONAL THERAPY AND PRACTICES IN ADULT DISEASES II, Undergraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021
PUBLIC HEALTH NUTRITION, Undergraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021
NUTRITIONAL EPIDEMIOLOGY, Undergraduate, 2022 - 2023, 2021 - 2022, 2020 - 2021
PRINCIPLES AND PRACTICES OF NUTRITION II, Undergraduate, 2022 - 2023, 2021 - 2022
NUTRITION AND DIET THERAPY IN DISEASES II, Undergraduate, 2021 - 2022, 2020 - 2021
NUTRITION EDUCATION AND COUNSELING, Undergraduate, 2022 - 2023, 2021 - 2022
PRINCIPLES AND PRACTICES OF NUTRITION I, Undergraduate, 2022 - 2023, 2021 - 2022
NUTRITIONAL THERAPY AND PRACTICES IN ADULT DISEASES I, Undergraduate, 2022 - 2023, 2021 - 2022
EDUCATION AT WORK II, Undergraduate, 2021 - 2022
SEMINAR, Undergraduate, 2022 - 2023
COMMUNITY NUTRITIONAL ASSESSMENT, Undergraduate, 2022 - 2023, 2021 - 2022
FIELD TRAINING I, Undergraduate, 2022 - 2023, 2021 - 2022
ASSESSMENT OF NUTRITIONAL STATUS IN COMMUNITY II, Undergraduate, 2020 - 2021
NUTRITIONAL STATUS SCREENING TEST, Undergraduate, 2020 - 2021
EDUCATION AT WORK I, Undergraduate, 2021 - 2022
FOOD PREPERATION, Undergraduate, 2021 - 2022
MATERNAL AND CHILD NUTRITION, Undergraduate, 2020 - 2021
NUTRITION AND DIET THERAPY IN DISEASES I, Undergraduate, 2021 - 2022
MOTHER AND CHILD NUTRITION, Undergraduate, 2020 - 2021
ASSESSMENT OF NUTRITIONAL STATUS IN COMMUNITY I, Undergraduate, 2021 - 2022

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Family-based prevention in youth's substance misuse in low- and middle-income countries: A review from Turkey and cultural adaptation of family based interventions**
Callak Y., Onat M. B., Yilmaz G., Yilmaz B. N. K., Akgür S. A.
Journal of Ethnicity in Substance Abuse, vol.23, no.4, pp.641-659, 2024 (SCI-Expanded)
- II. **Relationship of constipation, body mass index increase and cigarette craving with nutrition in the smoking cessation process: A cross-sectional study from Turkey**
Onat M. B., Yazarbaşı G.
JOURNAL OF ETHNICITY IN SUBSTANCE ABUSE, vol.0, pp.1-15, 2023 (SCI-Expanded)

Refereed Congress / Symposium Publications in Proceedings

- I. **Sigara bırakma sürecindeki kadınlarda diyet ve vücut kompozisyonu ile stres arasındaki ilişkinin incelenmesi**
Onat M. B., Taşkan H. S., Kaylı D., Hassoy H., Yazarbaşı G.
7. ULUSLARARASI 25. ULUSAL HALK SAĞLIĞI KONGRESİ, Antalya, Turkey, 14 - 17 December 2023, pp.1-2
- II. **EXAMINATION OF THE RELATIONSHIP BETWEEN BODY SATISFACTION AND CAREER OPPORTUNITY EXPECTATIONS IN INTERNATIONAL FEMALE NUTRITION AND DIETETICS STUDENTS: A CROSS-SECTIONAL STUDY FROM TURKEY**
Onat M. B., Çelik D., Elsheikh M., Abdelhalim N.
GANUD-V INTERNATIONAL CONFERENCE ON GASTRONOMY, NUTRITION AND DIETETICS, İstanbul, Turkey, 11 - 13 November 2023, vol.1, pp.124-125
- III. **INVESTIGATION OF THE RELATIONSHIP BETWEEN ANTHROPOMETRIC MEASUREMENTS AND BODY FAT RATIO AND REASONS FOR EXERCISE ORIENTATION: A CROSS-SECTIONAL STUDY**
KURTULUŞ E. M., ONAT M. B., BİLİM Z. Ş., UZLU DOLANBAY G., ÖZKARABULUT A. H.
UNION OF THRACE UNIVERSITIES V. INTERNATIONAL HEALTH SCIENCES CONGRESS 2022, Tekirdağ, Turkey, 1 -

02 December 2022, pp.225

IV. The importance of consumed food on toxicological assessment: a dietitian's perspective

Onat M. B.

Virtual IACFT Turkish Speakers' Meeting, İzmir, Turkey, 02 March 2021, pp.42-43

V. Yeme alışkanlıklarına ilişkin kendine yardım gruplarının sosyotropik-otonomik kişilik özellikleri, vücut algısı ve yalnızlık düzeyi üzerine etkileri

Dönmez A., Onat M. B., Akça V. D.

9. Uluslararası Beslenme ve Diyetetik Kongresi, Ankara, Turkey, 2 - 05 April 2014, pp.245-246

Supported Projects

Yararbaş G., Hassoy H., Kaylı D., Onat M. B., Project Supported by Higher Education Institutions, Sigarayı Bırakma Sürecindeki Kadınlarda Diyetle Alınan Yağın Aşırme ile İlişkisinin İncelenmesi, 2021 - 2024