

Asst. Prof. ÖMER AKSOY

Personal Information

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International Researcher IDs

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Education Information

Doctorate, Marmara University, Institute Of Health Sciences, Movement and Training Sciences, Turkey 2019 - 2023

Postgraduate, Mugla Sitki Kocman University, Sağlık Bilimleri Enstitüsü, Antrenörlük Eğitimi (YI) (Tezli), Turkey 2015 - 2018

Undergraduate, Mugla Sitki Kocman University, Beden Eğitimi Ve Spor Yüksekokulu, Antrenörlük Eğitimi Bölümü, Turkey 2011 - 2015

Certificates, Courses and Trainings

Other, BADMİNTON 1. KADEME DENKLİK , BADMINTON FEDERATION, 2023

Other, TFF / UEFA B Futbol Antrenörlük Belgesi, Türkiye Futbol Federasyonu, 2018

Other, 2. Kademe 6-13 Yaş Futbol Eğitmeni, Turkish Football Federation, 2017

Other, 1. KADEME YARDIMCI ANTRENÖR YETİŞTİRME KURSU, Turkish Orienteering Federation, 2017

Dissertations

Doctorate, Kadın futbolcularda hazırlık döneminde uygulanan farklı yüksek şiddetli aralıklı antrenman metotlarının VO2max, anaerobik eşik ve izokapnik tamponlama periyodu parametrelerine etkisi, Marmara University, Institute Of Health Sciences, Department Of Physical Education And Sports, 2023

Postgraduate, 11-13 Yaş çocuklarda 8 haftalık futbol antrenmanlarının seçilmiş fiziksel uygunluk unsurları ile ince motor becerileri üzerine etkisinin incelenmesi, Mugla Sitki Kocman University, Sağlık Bilimleri Enstitüsü, Antrenörlük Eğitimi (YI) (Tezli), 2018

Research Areas

Health Sciences, Sport Physiology, Sports Sciences and Technology, Sports Health Sciences

Academic Titles / Tasks

Assistant Professor, Istanbul Gelisim University, SCHOOL OF PHYSICAL EDUCATION AND SPORTS, COACHING TRAINING, 2024 - Continues

Research Assistant, Istanbul Gelisim University, SCHOOL OF PHYSICAL EDUCATION AND SPORTS, COACHING TRAINING,

Articles Published in Other Journals

- I. **The effect of athletic performance training on selected parameters of elite football players in the preparation period**
AKSOY Ö., SOYAL M., KANDEMİR G., GÖKMEN Ü. C.
Journal of Physical Education and Sport, vol.24, no.6, pp.1551-1560, 2024 (Scopus)
- II. **The correlation between some physiological and motor parameters in elite football players according to playing positions**
AKSOY Ö., SOYAL M., CABA U., Başkan A. N., KARADAĞ A. D.
Journal of Physical Education and Sport, vol.24, no.4, pp.864-871, 2024 (Scopus)
- III. **The relationship between FMS scores and lower body isokinetic strength in football players**
Soyal M., Aksoy Ö., Karadağ A. D., Kılıç S., Bayazıtı E. Ö.
JOURNAL OF PHYSICAL EDUCATION AND SPORT, vol.23, no.9, pp.2306-2312, 2023 (Scopus)
- IV. **Investigation of the relationship between isokinetic lower extremity strength and the vertical jump parameter in elite women football players**
SOYAL M., AKSOY Ö., ŞENGÖL O., Kılıç S.
PEDAGOGY OF PHYSICAL CULTURE AND SPORTS, vol.27, no.3, pp.247-253, 2023 (ESCI)
- V. **Kickboks Sporcuları ile Muaythai Sporcularının Bazı Motorik Özelliklerinin Karşılaştırılması**
GÜMÜŞAY M., AKSOY Ö., KUMAK A., REYHAN S.
Uluslararası Holistik Sağlık, Spor ve Rekreasyon Dergisi, vol.1, no.1, pp.59-72, 2022 (Peer-Reviewed Journal)
- VI. **The examination of VO2MAX and anaerobic threshold values in elite soccer players by their positions**
Aksoy Ö., Bozdoğan T. K., Soyal M., Beyaz M. M.
Journal of Physical Education and Sport, vol.22, no.10, pp.2496-2503, 2022 (Scopus)
- VII. **In Search of Connection Between the Leadership Types and Problem- Solving Techniques and Skills of Football Coaches**
PEKEL A., AKSOY Ö., AYVAZ M.
AMBIENT SCIENCE, vol.8, no.1, pp.30-33, 2021 (ESCI)
- VIII. **INVESTIGATION OF THE EFFECTS OF 8-WEEK FOOTBALL TRAINING ON FINE MOTOR SKILLS AND SELECTED PHYSICAL FITNESS ELEMENTS IN 11-13 YEARS OLD CHILDREN GROUP**
AKSOY Ö., SAYGIN Ö.
European Journal of Physical Education and Sport Science, vol.6, no.6, pp.59-74, 2020 (Peer-Reviewed Journal)
- IX. **EXAMINATION OF PASSING TECHNIQUE IMPLEMENTATIONSKILLS OF AMATEUR FOOTBALLERS WITH LSPT TEST**
Bayansalduz M., Mülazımoğlu O., Afyon Y. A., Metin S. C., Aksoy Ö.
JOURNAL OF SPORT AND TOURISM, vol.6, no.1, pp.67-70, 2015 (Peer-Reviewed Journal)

Books & Book Chapters

- I. **FUTBOLDA YARALANMAYI ÖNLEYİCİ BAZI PROGRAMLAR**
AKSOY Ö., AYVAZ M.
in: Spor ve Bilim 5, PEKEL, AYDIN, Editor, Gece Kitaplığı, Ankara, pp.41-52, 2021

Refereed Congress / Symposium Publications in Proceedings

- I. **Hazırlık Döneminde Kadın Futbolculara Uygulanan Grid Antrenman Metodunun Kardiyopulmoner**

Parametreler Üzerine Etkisinin İncelenmesi

AKSOY Ö., KIZILET T., KIRIŞCI İ.

ERPA2023 International Congresses on Education, Balıkesir, Turkey, 08 September 2023, pp.117

II. Türkiye Süper Liginde Yer Alan Futbol Takımlarının Covid-19'a Göre İç Ve Dış Saha Teknik

Parametrelerinin Karşılaştırılması

ÖZÇİLİNGİR Ö. M., AKSOY Ö., BOZDOĞAN T.

II. International Congress of Athletic Performance Health in Sports, İstanbul, Turkey, 22 - 25 October 2020, vol.4, pp.1-135

Metrics

Publication: 12

Citation (Scopus): 7

H-Index (WoS): 1

H-Index (Scopus): 2

Congress and Symposium Activities

ERPA2023 International Congresses on Education, Attendee, Balıkesir, Turkey, 2023