

## Asst. Prof. TUĞÇE BİLGİÇ

### Personal Information

**Email:** tuyilmaz@gelisim.edu.tr

**Web:** <https://avesis.gelisim.edu.tr/tuyilmaz>

### International Researcher IDs

ScholarID: LKtTu3EAAAAJ

ORCID: 0000-0001-9685-7065

Yoksis Researcher ID: 255553

### Education Information

Doctorate, Bahcesehir University, Lisansüstü Eğitim Enstitüsü, Fizyoterapi ve Rehabilitasyon, Turkey 2020 - 2024

Postgraduate, İstanbul University-Cerrahpaşa, Lisansüstü Eğitim Enstitüsü, Fizyoterapi Ve Rehabilitasyon (YI) (Tezli),

Turkey 2017 - 2019

Undergraduate, Muğla Sıtkı Kocman University, Muğla Sağlık Yüksekokulu, Fizyoterapi Ve Rehabilitasyon Bölümü, Turkey

2009 - 2013

### Foreign Languages

English, C2 Mastery

### Dissertations

Doctorate, The evaluation of cervical core exercises efficacy in patients with temporomandibular joint dysfunction, Bahcesehir University, Lisansüstü Eğitim Enstitüsü, Fizyoterapi ve Rehabilitasyon, 2024

Postgraduate, Cinsel İstismara Uğrayan Çocuklarda Travma Sonrasında Yapılan Aerobik Egzersizlerin Psikiyatrik

Semptomlar ve Fiziksel Uygunluk Üzerine Etkisi, İstanbul University-Cerrahpaşa, Lisansüstü Eğitim Enstitüsü, Fizyoterapi Ve Rehabilitasyon (YI) (Tezli), 2019

### Academic Titles / Tasks

Lecturer, Istanbul Gelisim University, VOCATIONAL SCHOOL OF HEALTH SERVICES, Tıbbi Hizmetler Ve Teknikler Bölümü, 2016 - Continues

### Academic and Administrative Experience

Istanbul Gelisim University, 2017 - Continues

Program başkanı, Istanbul Gelisim University, VOCATIONAL SCHOOL OF HEALTH SERVICES, PHYSIOTHERAPY, 2016 - Continues

### Published journal articles indexed by SCI, SSCI, and AHCI

- I. **EFFECTS OF GENETIC VARIATIONS OF MLCK2, AMPD1, AND COL5A1 ON MUSCLE ENDURANCE**  
**EFEITOS DAS VARIAÇÕES GENÉTICAS DE MLCK2, AMPD1 E COL5A1 SOBRE A RESISTÊNCIA**  
**MUSCULAR EFECTOS DE LAS VARIACIONES GENÉTICAS DE MLCK2, AMPD1 Y COL5A1 SOBRE LA**  
**RESISTENCIA MUSCULAR**

Horozoglu C., Aslan H. E., Karaagac A., KÜÇÜKHÜSEYİN Ö., Bilgiç T., Himmetoglu S., Gheybi A., YAYLIM İ., Zeybek U.  
Revista Brasileira de Medicina do Esporte, vol.28, no.4, pp.261-266, 2022 (SCI-Expanded)

## Articles Published in Other Journals

- I. **Evaluation of Posture, Joint Movement, and Proprioception in Individuals with and without Chronic Neck Pain**  
Karaağaç A., Bilgiç T.  
BAU Health And Innovation, vol.1, no.3, pp.107-113, 2024 (Peer-Reviewed Journal)
- II. **The Effects of Aerobic Exercises on Psychiatric Symptoms and Physical Fitness in Children Exposed to Sexual Abuse**  
Bilgiç T., Kaya Mutlu E., Atik Tosunlar H. E., Mutlu C.  
BAU HEALTH AND INOVATION, vol.2, no.1, pp.72-83, 2024 (Peer-Reviewed Journal)
- III. **Combined Mechanism of Complementary-Integrative Medicine Approaches and Autonomic Nervous System Regulation: A Traditional Review**  
ozden a. v., PERÇİN A., KARAAĞAÇ A., Atik B., YILMAZ H. M., Özkoç İ., Çelik R. E., Bilgiç T.  
Geleneksel ve Tamamlayıcı Tıp Dergisi, vol.5, no.2, pp.160-169, 2022 (Peer-Reviewed Journal)

## Books

- I. **HAREKETİN TEMEL PRENSİPLERİ**  
KARAAĞAÇ A., BİLGİÇ T.  
in: FİZYOTERAPİ VE REHABİLİTASYON EL KİTABI - 1, AKBAYRAK TÜRKAN, Editor, HEDEF CS, Ankara, pp.36-45, 2024

## Refereed Congress / Symposium Publications in Proceedings

- I. **COMPARISON OF SOME PHYSICAL FITNESS AND PSYCHIATRIC SYMPTOMS IN HEALTHY AND SEXUALLY ABUSED CHILDREN**  
Bilgiç T.  
UNION OF THRACE UNIVERSITIES V. INTERNATIONAL HEALTH SCIENCES CONGRESS 2022, Balıkesir, Turkey, 1 - 02 December 2022, pp.1